4 Quadrant Self-Assessment

List current activities to create or sustain change under their corresponding quadrant:

- Q1: Activities focused on individual (staff, client) value, meaning, and purpose
- Q2: Activities focused on skill development
- Q3: Activities focused on culture
- Q4: Activities focused on environment

Quadrant 1: Self

Quadrant 2: Skills

Quadrant 3: Culture

Quadrant 4: Environment

Review your list to see if there is balance across quadrants.

- Are there any quadrants that have lots of activities?
- Are any quadrants lacking activities?

For quadrants where activities may be lacking, brainstorm ways to ensure equal focus across quadrants.

